

I Choose to Believe...



BY GARY B. GILMORE

I Choose to Believe God's Word, Regardless of How I Feel

God's declarations about us are always based on a positive, upper-level reality which He perceives. Feelings are often based upon some negative, lower-level reality which we perceive.

If I choose to believe what God says is true, regardless of how I feel, sooner or later it will become my actual experience.



As you have therefore received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

Beware lest anyone cheat you through philosophy and empty deceit, according to the tradition of men, according to the basic principles of the world, and not according to Christ.

—Colossians 2:6-8

1. When I feel WORTHLESS, I believe God.

For when we were still without strength, in due time Christ died for the ungodly...if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. —Romans 5:6, 10

(We) once were not a people but are now the people of God, who had not obtained mercy but now have obtained mercy. —1 Peter 2:10

Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God. —2 Corinthians 5:20

God took this nobody, made me a somebody and gave me the most important work!

2. When I feel CONDEMNED, I believe God.

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit...If God is for us, who can be against us?... Who shall bring a charge against God's elect?... Who is he who condemns?... Who shall separate us from the love of Christ?... (nothing) shall be able to separate us from the love of God which is in Christ Jesus our Lord. —Romans 8:1, 31, 33, 34, 35, 39

I may not be perfect, but He's not counting—He's covering and encouraging!

3. When I feel UNFORGIVEN, I believe God.

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. —1 John 1:9

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. —Matthew 6:14, 15

I keep short accounts with God and I make sure I'm a forgiver.

4. When I feel LONELY, I believe God.

He (Jesus) Himself has said, "I will never leave you nor forsake you." —Hebrews 13:5

That which we have seen and heard we declare to you, that you also may have fellowship with us; and truly our fellowship is with the Father and with His Son Jesus Christ. And these things we write to you that your joy may be full. —1 John 1:3, 4

He is with me, we have great fellowship and I'm full of joy!

5. When I feel MISUNDERSTOOD, I believe God.

O Lord, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off. You comprehend my path and my lying down, And are acquainted with all my ways. For there is not a word on my tongue, But behold, O Lord, You know it altogether. —Psalm 139:1-4

We do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. —Hebrews 4:15, 16

He understands me better than I do and He invites me to come to Him. He gives me mercy and grace!

6. When I feel REJECTED, I believe God.

“Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake. ¹² Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you. —Matthew 5: 11-12

Rejoice in that day and leap for joy! For indeed your reward is great in heaven, For in like manner their fathers did to the prophets. —Luke 6:23

I rejoice in God, He has promised great rewards. Rejection just makes me exceedingly glad in Him!

7. When I feel WEAK, I believe God.

And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.”...Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ’s sake. For when I am weak, then I am strong. —2 Corinthians 12:9, 10

For we are glad when we are weak and you are strong. And this also we pray, that you may be made complete. —2 Corinthians 13:9

I make my weakness remind me of His strength. His strength makes me strong!

8. When I feel HELPLESS, I believe God.

I can do all things through Christ who strengthens me. —Philippians 4:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it. —1 Corinthians 10:13

Jesus always provides a way—He is the Way—and I overcome helplessness through Him.

9. When I feel UNCHANGED, I believe God.

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new...But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord. —2 Corinthians 5:17; 3:18

I am a new creation. The Holy Spirit is at work in me, whether I see it or not. I am different!

10. When I feel CONFUSED, I believe God.

If anyone wants to do His will, he shall know concerning the doctrine, whether it is from God or whether I speak on My own authority...when He, the Spirit of truth, has come, He will guide you into all truth. —John 7:17; 16:13

If any of you lacks wisdom, let him ask of God, who gives to all liberally —James 1:5

You are in Christ Jesus, who became for us wisdom from God. —1 Corinthians 1:30

I have His wisdom in me, and the Holy Spirit shows me what to do. I can!

11. When I feel ANXIOUS, I believe God.

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. —Philippians 4:6, 7

I pray, I thank God, I walk in His peace. I let His peace overcome me!

12. When I feel FEARFUL, I believe God.

Peace I leave with you, My peace I give to you...Let not your heart be troubled, neither let it be afraid —John 14:27

Perfect love casts out fear... —1 John 4:18

For God has not given us a spirit of fear, but of power and of love and of a sound mind. —2 Timothy 1:7

I am not troubled. I am full of his peace. I am not afraid. Fear is behind me—I am loved!

13. When I feel HUMILIATED, I believe God.

But God has chosen the foolish things of the world...and God has chosen the weak things of the world...and the base things of the world and the things which are despised God has chosen...that no flesh should glory in His presence. —1 Corinthians 1:27-29

Whoever exalts himself will be humbled, and he who humbles himself will be exalted. —Matthew 23:12

Humble yourselves under the mighty hand of God, that He may exalt you in due time. —1 Peter 5:6

I humble myself to God and keep moving!

14. When I feel HOPELESS, I believe God.

We were burdened beyond measure, above strength, so that we despaired even of life. Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God. —2 Corinthians 1:8, 9

(Abraham), contrary to hope, in hope believed...he did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, ²¹ and being fully convinced that what He had promised He was also able to perform. —Romans 4:18-21

I trust in God, He gives me hope. I am convinced that His promises work for me!

**I do ALL of this because
I am a BELIEVER, not a Feeler.**

I tell my moods, my feelings, to leave me alone. I assert my faith in God in order to make spiritual progress.

I trust in God. He gives me hope. I am convinced that His promises work for me!

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P. O. Box 1931, Tahlequah, OK 74465 • ggilmore48@yahoo.com